Heapple Pie

The macOS/iOS default heap
Whoami

- Eloi Benoist-Vanderbeken
- @elvanderb on twitter

Working for Synacktiv:
- Offensive security company (pentest, red team, vuln hunting, exploitation, tool dev, etc.)

Reverse engineering team coordinator:
- 14 reversers / 36 ninjas
- Focus on low level dev, reverse, vuln research/exploitation
- If there is software in it, we can own it :)
- We are recruiting!
Introduction
Why this presentation?

- **Growing interest in macOS/iOS**
  - JailBreak scene → fame³ - money⁰
  - Lots of pwn competitions → fame² - money¹
    - (mobile) Pwn2Own
    - PWNFEST
    - GeekPwn
    - XPwn...
  - Vulnerability brokers → fame⁰ - money³
  - Apple Bug Bounty → fame² - money²
    - If you manage to get paid...

- But almost no documentation on the macOS/iOS user default heap from an exploiter point of view
Why so little love?

- **Safari exploits → WebKit heap**
  - lots of good resources
  - kudos to saelo

- **Kernel exploits → kernel heap**
  - lots of good resources
  - kudos to Stefan Esser

- **Services exploits**
  - lots of logic bugs

- **But...**
  - All the Obj-C framework and almost all the other lib / exe are based on the default heap
Previous work

- **OS X Heap Exploitation Techniques – 2005 – Nemo**
  - Not a lot of details on heap internals
  - Outdated (64bits kills the exploitation technique)

- **Mac OS Xploitation (and others) – 2009 – Dino A. Dai Zovi**
  - Outdated (new checksums)

- **In the Zone: OS X Heap Exploitation – 2016 – Tyler Bohan**
  - Good description of the heap
  - LLDB scripts released
  - Describes some exploitation techniques as how to transform a heap overflow into a use-after-free (more on this later…)
How does malloc work
malloc zones

- *malloc* is actually just a wrapper on *malloc_zone_malloc*
  - called with the default zone which is a scalable zone
  - we will focus on this zone
- Other zones can be registered
  - WebKit Malloc
  - GFXMallocZone
  - QuartzCore
  - etc.
- *malloc_zone_{malloc/free/realloc/…}* functions are just wrappers that call zone functions
  - zone functions handle the allocation
  - *malloc_zone_* functions handle the generic stuff
    - find the zone associated with the passed pointer
    - log / trace / periodically check the zone / etc.
- *malloc will always allocate from the default heap but realloc/free/malloc_size can be called with pointers belonging to other zones*
How does the scalable zone work

- Each process has two racks
  - tiny
    - ≤ 1008 bytes on a 64bits machine
    - ≤ 496 bytes on a 32bits machine
  - small
    - ≤ 15 KB on machine with less than 1GB of memory
    - ≤ 127 KB else
  - from now on, we will only consider the 64bits and +1GB case

- If an allocation doesn’t fit in the small rack then the large allocator is used
  - directly allocates pages
  - we won’t talk about this allocator
    - not often encountered and not really interesting from an exploitation point of view

- There is an other allocator, the nano allocator, but it is not activated by default
  - used for allocations < 256 B
  - activated with a special posix_spawn undocumented flag (_POSIX_SPAWN_NANO_ALLOCATOR) or with the MallocNanoZone environment variable set to 1.
  - quite interesting but that’s an other story…
How does the scalable zone work

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How does the scalable zone work

- Each rack has one magazine per physical core
  - optimize the processor caches accesses
  - reduce the risk of concurrent access (less locks)
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How does the scalable zone work

- Each rack has one magazine per physical core
  - optimize the processor caches accesses
  - reduce the risk of concurrent access (less locks)
- Each magazine has multiple regions
  - 1MB for tiny allocations
  - 8MB for small ones
  - metadata (rack specific) is at the end of the region
How does the scalable zone work

**Process**

**Tiny rack**
- Size: < 1009B
- Magazine
- Region: size = 1MB
- Metadata

**Small rack**
- Size: 1008 < size < 127KB
- Magazine
- Region: size = 8MB
- Metadata

**Large allocations**
- Size: 127KB < size
How does the scalable zone work

- Each rack has one magazine per physical core
  - optimize the processor caches accesses
  - reduce the risk of concurrent access (less locks)
- Each magazine has multiple regions
  - 1MB for tiny allocations
  - 8MB for small ones
  - metadata (rack specific) is at the end of the region
- Each region is divided in quantum
  - 16B for tiny allocations (64520 quantums / region)
  - 512B for small ones (16319 quantums / region)
How does the scalable zone work

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- **Tiny rack**
  - Magazine
  - Region: size = 1MB
  - Quantum: size = 16B
  - metadata

- **Small rack**
  - Magazine
  - Region: size = 8MB
  - Quantum: size = 512B
  - metadata

- **Large allocations**
  - Magazine
  - No specific size mentioned
How does the scalable zone work

- Each rack has one magazine per physical core
  - optimize the processor caches accesses
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- Each magazine has multiple regions
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  - 8MB for small ones
  - metadata (rack specific) is at the end of the region

- Each region is divided in quantum
  - 16B for tiny allocations (64520 quantums / region)
  - 512B for small ones (16319 quantums / region)

- An allocation is a block made of $n$ quantums
  - 31/63 max for tiny allocations depending on the arch (32bits/64bits)
  - 60/508 max for small allocations depending on the machine (less/more than 1GB of memory)
How does the scalable zone work

Process

Tiny rack
size < 1009B

Small rack
1008 < size < 127KB

Large allocations
127KB < size

Quantum
size = 16B

Region
size = 1MB

Magazine

Metadata

Magazine

Region
size = 8MB

Quantum
size = 512B
How does the scalable zone work

- When an alloc is freed, the block is cached in the magazine
  - for the tiny track, only if the block is not too big
  - because the number of quantums has to fit in 4 bits
    ⇒ size < 256
  - otherwise, we directly go to the next step...
How does the scalable zone work

- Magazine
- Cache
- Block to free (80B)
How does the scalable zone work

Magazine

block freed (80B)

cache
How does the scalable zone work

- **When an alloc is freed, the block is cached in the magazine**
  - for the tiny track, only if the block is not too big
  - because the number of quantums has to fit in 4 bits
    \[ \Rightarrow \text{size} < 256 \]
  - otherwise, we directly go to the next step...
- **The old cached one, if any, is freed**
  - It is first coalesced with adjacent free blocks if any
How does the scalable zone work

- freelist 16
- freelist 32
- freelist 96
- freelist 1008
- freelist ≥ 1024

Magazine

- free(80)
- free(16)
- free(96)
- cache
How does the scalable zone work

Magazine

freelist 16  freelist 32  ...  freelist 96  ...  freelist 1008  freelist ≥ 1024

prev

free(80)  free(16)  free(96)

cache
How does the scalable zone work?
How does the scalable zone work

- **When an alloc is freed, the block is cached in the magazine**
  - for the tiny track, only if the block is not too big
  - because the number of quantums has to fit in 4 bits
    ⇒ size < 256
  - otherwise, we directly go to the next step...

- **The old cached one, if any, is freed**
  - It is first coalesced with adjacent free blocks if any
  - It is then put int the free list
  - Pointers are protected with a 4bit randomized checksum
How does the scalable zone work

freelist 16 freelist 32 ... freelist 96 ... freelist 1008 freelist ≥ 1024

prev free(96) next

prev NULL

Magazine

cache
How does the scalable zone work

- When an alloc is freed, the block is cached in the magazine
  - for the tiny track, only if the block is not too big
  - because the number of quantums has to fit in 4 bits
    \[ \Rightarrow \text{size} < 256 \]
  - otherwise, the block is directly free
- The old cached one, if any, is free
  - It is first coalesced with adjacent free blocks if any
  - It is then put into the free list
  - Pointers are protected with a 4bit randomized checksum
  - For the tiny track, if it is big enough (\( \geq 16B \)), it also contains its size after the pointers and at the end of the allocation
  - for the small track, the block size is stored in the metadata
How does the scalable zone work
How does the scalable zone work

- When a block is allocated, malloc will try to:
  - use the cache if the size matches
  - use a block in freelists[size]
  - use a larger block in freelists[size+n]
    the leftover is put in the freelist
  - use the end of the region
    which is not already allocated
  - allocate a new region

- If everything fails, it returns NULL
Important things to remember
1/2

- One magazine per core
  - Important when you massage/spray a multi thread process or when your exploit takes time…

- To fill all the holes in the heap, just make a lot of tiny allocations

- Allocations are contiguous

- Allocations are not randomized
  - Useful for massaging

- Allocations of different sizes are in the same region
  - Even if your UAF/overflow can only be triggered on a fixed size block you can hit a lot of different objects
Important things to remember 2/2

- Last freed chunk is cached
  - so not instantly coalesced!
- Metadata in freed chunks is protected
  - next and previous pointers are aligned on 16 bytes
  - `malloc` uses the 4 less significant bits to store a (randomized) checksum
  - rotate the result to place the checksum in the most significant bits
    - unclear why… to protect against a partial overwrite?
- If you want to know more, it’s open-source
Exploit!
“In the Zone: OS X Heap Exploitation” techniques

- Tries to transform a linear heap overflow in the tiny heap into a use-after-free alike primitive
  - By overwriting freed blocks size
  - Couldn’t work in the small heap as sizes are in the metadata

- Useful to leak pointers for example
“In the Zone: OS X Heap Exploitation” techniques

Forward coalescing

Magazine

freelist 16  freelist 32  ...  freelist 96  ...  freelist 1008  freelist \geq 1024

prev  next  size 6  size 6  cache
Forward coalescing
Forward coalescing

- freelist 16
- freelist 32
- freelist 96
- freelist 1008
- freelist ≥ 1024
- cache

prev next
size 8

size 6
FREE
Forward coalescing

<table>
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in the freelist but still used

in the freelist but still used
“In the Zone: OS X Heap Exploitation” techniques

- **Actually never worked**
  - You cannot overflow the size of a chunk without overflowing its pointers
  - Pointers are checked during coalescing when the coalesced block is removed from its previous free list
    - see `tiny_free_list_remove_ptr` and `free_list_unchecksum_ptr` in `tiny_free_no_lock`
  - Without a leak (or a lot of luck) you are toasted

- **Trick applicable only if you have a non-linear OOB write**
  - So you can overwrite size without overwriting the pointers
  - For example an indexed write with an attacker chosen index

- **Fortunately, another technique is proposed...**
“In the Zone: OS X Heap Exploitation” techniques

- You may think that you can trick the allocator by using backward coalescing
  - the heap will then use the unmodified pointers of another preceding allocation
  - checksum bypassed!
“In the Zone: OS X Heap Exploitation” techniques

Strategies – mag_free_list – Coalesce

Overwrite chunk with 2Q + 3Q bytes data. Set BackwardQ to 12 (3+2+7).

Free Chunk
Previous | Next
Forward 3Q
Backward 3Q

Busy Chunk
5Q

Freeing Busy chunk will coalesce with 3Q Chunk and use overwritten BackwardQ of 12 joining 2Q chunk with 7Q chunk.

Due to BackwardQ being 12. Freeing 5Q chunk will read BackwardQ and add 7Q+2Q+3Q (12Q) to free list whilst chunk still being by program.
Backward coalescing

Diagram illustrating the process of backward coalescing in memory management, showing freelist sizes and their relationships to the magazine and cache.
Backward coalescing

Magazine

freelist 16  freelist 32  ...  freelist 96  ...  freelist 1008  freelist ≥ 1024

prev  next  size 2  size 2  ...  prev  next  size 10
Backward coalescing

Magazine

freelist 16
freelist 32
... freelist 96
... freelist 1008
freelist \geq 1024

prev next size
size 2
prev next size
size 2
prev next size
size 10

cache
Backward coalescing

- freelist 16
- freelist 32
- freelist 96
- freelist 1008
- freelist ≥ 1024

Magazine

prev next size size size prev next size size

FREE
Backward coalescing

In the freelist but still used
“In the Zone: OS X Heap Exploitation” techniques

- You may think that you can trick the allocator by using backward coalescing
  - the heap will then use the unmodified pointers of another preceding allocation
  - checksum bypassed!
  - but...

- If the size stored at the beginning and the end of the freed block doesn’t match then no coalescing is done
  - actually not a security check
  - the allocator first assumes that the preceding block is freed because it cannot directly check if it’s freed
  - then it checks if it is effectively freed
  - see tiny_previous_preceding_free in tiny_free_no_lock

- This check exists since the first magazine malloc version
  - both techniques never worked
“In the Zone: OS X Heap Exploitation” techniques

- Use the Web Audio API in WebKit to massage the default heap
  - in WebCore/Modules/webaudio/AudioBufferSourceNode.cpp:
    ```cpp
    m_sourceChannels = std::make_unique<const float*[]>(numberOfChannels);
    m_destinationChannels = std::make_unique<float*[]>(numberOfChannels);
    ```
  - std → allocate in the default heap
  - `numberOfChannels` is controlled
    - 1 to 32 channels
  - previous buffers are freed
  - (almost) perfect to massage the heap!
    - you cannot free a block without allocating another one
    - needs some gymnastic to make it works
    - but no garbage collection problems!
“In the Zone: OS X Heap Exploitation” techniques

- Until commit 1d211e1fc1cf4801da64b6881d07bda01f643cf3…
  - March 2018

Fix std::make_unique / new[] using system malloc
https://bugs.webkit.org/show_bug.cgi?id=182975

Reviewed by JF Bastien.

Source/JavaScriptCore:

Use Vector, FAST_ALLOCATED, or UniqueArray instead.

- Removes almost all references to the default heap in WebKit
  - technique is dead
What’s left?

- Not much :)
- You may try to attack metadata at the end of a region
  - but that’s another story…
- You may try to attack adjacent allocations
  - to overflow pointers, lengths, vtables…
  - or Objective-C objects
    
    see *Modern Objective-C Exploitation Techniques* in Phrack #69 by nemo
- Heap layout makes this relatively easy
  - remember: objects of different size are all allocated in the same region / page
How to debug the heap?

- **Apple gives us powerful tools**
- **Environment variables (extract of the malloc man)**
  - *MallocGuardEdges*
    - to add 2 guard pages for each large block
  - *MallocStackLogging*
    - to record all stacks.
  - *MallocScribble*
    - to detect writing on free blocks and missing initializers: 0x55 is written upon free and 0xaa is written on allocation
  - *MallocCheckHeapStart <n>*
    - to start checking the heap after <n> operations
  - *MallocCheckHeapEach <s>*
    - to repeat the checking of the heap after <s> operations
  - *MallocTracing*
    - to emit kdebug trace points on malloc entry points
How to debug the heap? – cont’d

- **heap**
  - displays all the allocations of a given process
  - able to recognize Obj-C and C++ objects
    
    ex: `heap --addresses '(WebKit::WebFormClient|CFString)' Safari`

- **malloc_history**
  - displays the information gathered via the `MallocStackLogging` environment variable

- **leak**
  - used to discover leaks…
  - not really interesting from an exploitation point of view
Anything more visual?

- `malloc_history` is great to get information on specific addresses
  - useful for bug triage / debug
- But it doesn’t give you an overview of the heap
  - hard to test or validate heap massaging techniques
- Moreover `MallocStackLogging` is quite slow…

➔ We need to go deeper!
Remember the zones?

- Zones must expose some functions
  - see the definition of `malloc_zone_t` in `malloc/malloc.h`

- Including introspection functions
  - see `struct malloc_introspection_t`

- Can be used to list both your own and other processes allocations
  - functions take a pointer to a `reader` function

- Not all zones implement it correctly…
  - but the default zone does!
Visualizing

- Blocks that start with the same *qword* have the same color
  - Obj-C and C++ instances of a given object will have the same color
- Do not use PIL and other Python imaging libraries
  - try to do smart things like scaling your rectangles
  - rounding problems so not pixel perfect...
  - very slow
- We developed a minimal python PNG lib
  - based on *lodepng* (simple PNG C library, 1 file)
  - can only draw rectangles
  - but do it well and fast!
- Interaction with HTML/JS
  - Displays the PNG
  - Displays the data on click
  - Simple but efficient
Démo
Conclusion

- No generic method
  - sorry :)
- But an attacker-friendly heap
  - adjacent allocations
  - easy to massage
  - different sizes in the same region
  - no randomization
- And a great introspection API
Thank you!

- Sthack for the amazing event
  - can’t wait for tonight ;)
- Synacktv for the cool missions :) 
  - Did I say that we are recruiting?
- SzLam for the presentation title idea
  - ❤❤❤
- You for your attention!
Do you have any questions?